



DANCE
UNLIMITED

2022-2023 FALL SESSION 1 Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Foundational Gymnastics LITTLES (ages 3-5) 10:15-11:00am Kaiya
Mini Movers (ages 2-3) 10:30-11:30am Jaina						Beginning Ballet/Tap (ages 4-5) 11:15-12:15pm Jamison
	DanceFit KIDS (ages 6-11) 4:30-5:30pm Jaina	Ballet/Tap ONE (ages 6-11) 4:30-5:30pm Jamison	Dance Abilities 4:30-5:15pm Torie	Foundational Gymnastics KIDS (ages 6-11) 4:30-5:30pm Kaiya		
	Technique (ages 10+) 5:45-6:30pm Vic	Namaste Yogis 5:35-6:35pm Sarah-Lynn	DanceFit TEENS (ages 12-17) 5:30-6:30pm Torie			
	Tap Essentials (ages 10+) 6:45-7:45pm Bianca	Contemporary (ages 12+) 6:45-7:45pm Vic				